

Trainingsplan, gültig ab 1. September 2025

Abkürzung Räume: GS Großer Saal; KS Kleiner Saal; BR Ballettraum; KR Kommunikationsraum; BL Bad Lauchstädt

MO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
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Person	Project	Start Year	End Year
GS	Breitenport	2000	2010
GS	Dancing Diamonds	2010	2018
GS	TP Latein	2018	2020
KS	Libella	2000	2005
KS	DanceArt	2005	2015
BR	Vermietung	2010	2018
KR	Solo Dancing	2010	2015
KR	Solo Dancing	2015	2018

	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00
GS	Freies Training TP Standard																												
KS	10:00	KS	11:30	Tanzmäuse				Tanztreff																					
BR	Solo D.			KT Lat klein				Solo Lat						Fitness															
KR																													
BL																	Breitensport												

[illegible]

	DO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00		
GS						Solo Std								TP Standard								Breitensport Standard										
KS						Traumtänzer				Tiny Twisters				Solo Dancing								Breitensport										
BR						Tanzzwerg				Vermietung				Estrellas Latinas								Latin Style										
KR																																

FR	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00		
GS	Freies Training TP Standard															TP bis C Standard					Breitensport Formation										
KS						Soluna ungerade Woche			DanceArt					TP Discofox																	
						Tanzmäuse gerade W.																									
BR						Tanzmäuse gerade W.			Soluna unger. W																						
KR																															

	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00		
GS																															
KS																															
BR																															
KR																															

SO	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00	
GS										Breitensport						Breitensport Discofox														
KS										Projekt						Projekt														
BR																														
KR																														